

North Carolina Division of Aging and Adult Services

Aging Services County Fact Sheet

Last Updated – July 26, 2005

Mitchell County, Region D

	Number, 65+	Percent, 65+
2005	3,048	18.9%
2015	3,775	22.1%
2025	4,582	25.7%

Aging Services Providers [*Key contact for Information & Assistance]

*MITCHELL SENIOR CENTER (Congregate Nutrition Meals, Disease Prevention/Health Promotion, Home Delivered Meals, In-Home Aide-Level 1, Medication Management, Senior Center Outreach, and Transportation-General) 828-688-3019	LEGAL AID OF NORTH CAROLINA (Legal Services) 828-264-5640 and 800-849-5666
--	--

[**Note:** Please contact the Area Agency on Aging in your area for information about services under the Family Caregiver Support and Long-Term Care Ombudsmen Programs.]

Lead Planning Agency for the Home and Community Care Block Grant
Mitchell Senior Center

Senior Center(s)

Mitchell Senior Center (opened in 1979)
152 Ledger School Road
Bakersville, NC 28705
828-688-3019

Adult Day Care (ADC) and Adult Day Health (ADH) Center(s)
(none)